

Professional Development Hours (PDH) Entry Tool

Entry deadline: January 31st
Annual requirement: 30 PDHs*

*Adjusted for members on Extended Leave who have submitted a PDH [Reduction of Hours](#) on the MSC.

Log into the MSC at
ciphi.in1touch.org

Entry Categories

Education

- ◆ Maximum 30 PDHs
- ◆ E.g. conference, webinar, course, self-directed study

Publishing & Presenting

- ◆ Maximum 30 PDHs total from subcategories:
1. Publications
 2. Presenting at a conference, course, webinar, or workshop
 3. Reviewing/editing an article for publication

Reflective Practice

- ◆ Maximum 5 PDHs total from subcategories:
1. Learning Plan ([template](#))
 2. Reflective Writing
- ◆ Include: Sufficient detail to describe your professional development in your EPHP practice

Participation

1. Formal Mentoring
 - ◆ Maximum 10 PDHs
 - ◆ E.g. Practicum Coordinator, not job shadowing activities
2. Job Shadowing
 - ◆ Maximum 5 PDHs
 - ◆ E.g. student or staff member shadows you
3. Service on Committees and Boards
 - ◆ Maximum 20 PDHs
 - ◆ E.g. CIPHI branch committee, Health and Safety Committee
4. Contributions to the Community
 - ◆ Maximum 5 PDHs
 - ◆ E.g. Coaching child's sports team, religious organization board member

Refer to the [PD Model](#) for category and subcategory definitions.

Entry Tips

1 hour = 1 PDH for all entries

- ◆ Ensure the description for each entry contains sufficient detail for an auditor to approve it and to link the activity to CIPHI's [Discipline Specific Competencies](#).
- ◆ Avoid using acronyms. Auditors from different provinces may not be familiar with them.
- ◆ Try to enter more than the minimum required number of PDHs.

Additional Resources

[Professional Development Model](#)

[CIPHI YouTube](#)

[Resources & FAQs](#)

[Contact CoPE](#)