



14th Annual CIPHI SK Professional Education and Development Seminar Delegate Package

October 17 & 18, 2023

Sheraton Cavalier, Top of the Inn Room – 612 Spadina Crescent E, Saskatoon, SK

Welcome Message

As Event Chair of the organizing committee of the 14th Annual CIPHI SK Professional Education and Development Seminar, I would like to welcome you. We are excited to be meeting in-person again and our offering of keynotes, special speakers, and presenters this year is fantastic. The social night has been planned and will provide a chance to connect and reconnect with CIPHI Members from across Saskatchewan.

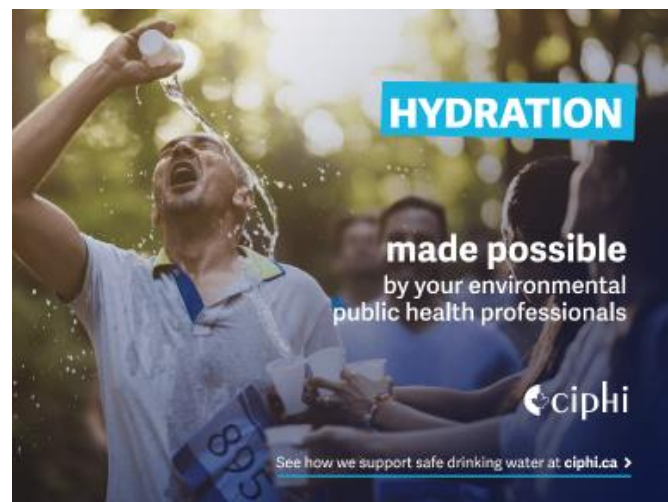
I would like to thank you for your attendance and participation. We recognize this is a valuable education opportunity for our Members and could not do it without your support. We also could not have this event without the greatly appreciated support from our sponsors. Welcome one and all!

Sincerely,

Kelsie Dale

CIPHI Saskatchewan Branch President

14th Annual CIPHI SK Professional Education and Development Seminar Event Chair



2023 Agenda – Day 1 – October 17, 2023

	Session Name	Speaker
8:00	Opening Remarks	CIPHI SK Branch President
8:15	KEYNOTE: Conflict Management and the 3Ds - Display, Decoding, and Detecting	Pamela Barnum, MPA, JD
9:30	COVID-19 and The Charter	Theodore J.C. Litowski, Senior Crown Counsel, Ministry of Justice and Attorney General
10:00	Public Health Prosecutions	Buffy Rodgers, Senior Crown Prosecutor - Saskatoon, Justice Attorney General
10:30	Break - Snack and Vendor Interaction	
11:00	Indigenous Culture: Worldview	Lyndon J. Linklater
12:00	“To Clean or Not to Clean: Kitchen Hygiene in an Urban Setting Mall”	Louw van der Westhuizen
12:30	Lunch - Snack and Vendor Interaction	
1:30	Personal Service Facilities	Kayla Monette and Kelsie Dale, Saskatchewan Personal Services Task Group
2:00	Workplace Wellness	Chalaine Senger, Canadian Mental Health Association
3:00	Break - Snack and Vendor Interaction	
3:30	CIPHI SK Bursary Recipient - Traditional Indigenous Foods and Decolonization	Kelsie Dale, Saskatchewan Ministry of Health Casey Neathway, First Nations Health Authority, BC
4:00	End of Day Remarks Followed by Break - AGM Set Up and Sign In	
4:30	CIPHI-SK Branch AGM	

2023 Agenda – Day 2 – October 18, 2023

	Session Name	Speaker
8:00	Opening Remarks	CIPHI SK Branch President
8:05	Ministry of Health Updates	Nicole White, Saskatchewan Ministry of Health Priya Goundar, Saskatchewan Ministry of Health
8:35	KEYNOTE: Stress Management and Mental Wellness	Brett Francis
9:35	Break - Snack and Vendor Interaction	
10:05	Emergency Preparedness and Evacuations	Dr. Simon Kapaj, Saskatchewan Health Authority, MHO, Lead of Environmental Health
10:35	Environmental Assessments	David Sampson, Saskatchewan Health Authority
11:00	Building resilience for climate change: Increasing psychosocial and mental capital	Lydia Ma, NCCEH
12:00	Lunch and Vendor Interaction	
12:45	CIPHI Professional Information CIPHI SK Representative Updates	Casey Neathway, CIPHI National President George Koutsoulis, CIPHI SK BOC Representative Waheed Mehmood, CIPHI SK COPE Representative
1:30	Radon WTF (What's True/False)	Nelson Fok
2:30	<i>Pseudomonas</i> in Swimming Pools	Ian Harrison, Saskatchewan Health Authority
3:00	Closing Remarks and Door Prizes	CIPHI SK Branch President

Legend:

Presentation	Breaks	CIPHI Business	Conference Keynote
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Keynotes Speakers



Pamela Barnum, MPA, JD

Conflict Management and the 3Ds - Display, Decoding, and Detecting

October 17, 2022 – 8:15 to 9:15

For years Pamela Barnum worked undercover in the Drug Enforcement Section. She learned real-world techniques for building trust and interpreting body language. When Pamela graduated from law school, she left policing and accepted a position as a federal prosecuting attorney. She spent countless hours in the courtroom, perfecting her proficiency as a trust strategist and body language expert.

Following a successful 20-year career in the criminal justice system, Pamela studied corporate negotiations in graduate school. Now, she shares her expertise with others, teaching them how to improve their communication skills to increase trust inside corporations, associations, and law enforcement agencies.

As a nonverbal communication expert and trust strategist, Pamela delivers techniques once thought of as a “secret second language” participants can begin using immediately.

Take decades of experience in deep undercover work in narcotics and a successful legal career, and you get real-world strategies that help attendees crack the code on trust, improve professional relationships and increase effectiveness using proven field-tested techniques.

Pamela shares her experience, research, and expertise with humor, candor, and energy, blending actionable strategies with memorable stories. She is also a featured expert and contributor in print media, radio and television news programs in Canada and the United States. In addition, she has appeared in person before live and virtual audiences ranging from 50 - 12,000.



Brett Francis

Stress Management and Mental Wellness

October 18, 2022 – 8:35 – 9:35

As a keynote speaker and trainer, Brett have worked with hundreds of corporations to increase the value of their most important asset: their employees. My forte is enhancing the contribution of each and every employee by helping them boost their emotional intelligence, manage stress more effectively, communicate better despite generational differences, and be fully present when they show up for work.

For corporate clients, working with me creates a more productive workplace where more is accomplished, employee retention is higher because people want to work there, and diversity is embraced for its ability to generate new ideas and perspectives. Endorsed by Mental Health America, the Canadian Mental Health Association, Mental Health Commission of Australia and other important organizations for my expertise, I am a national and Amazon best-selling author who has worked with thousands of individuals.

Corporate audiences especially enjoy the frankness with which I share my own personal story. I have emerged stronger after coping with Tourette’s syndrome, anxiety, ADHD, OCD, panic disorder and chronic pain.

My Not Broken® Radio show has been heard on hundreds of stations throughout the globe. I also host the TV series [Breaking The Barriers](#).



**Lyndon J. Linklater,
Office of the Treaty
Commissioner
Speakers Bureau**

**Indigenous Culture:
Worldview**



**Chalaine Senger,
Canadian Mental Health Association**

Workplace Wellness

October 17, 2022 – 11:00 to 11:55

Lyndon J Linklater is a traditional knowledge keeper and storyteller. He has an educational background in Indian Social Work, Indian Studies and some law.

He is a citizen of the Thunderchild First Nation (Plains Cree) in Treaty 6 and has roots in Couchiching First Nation (Fort Francis, Ontario) in Treaty 3.

Presently, Lyndon shares work with the Remai Modern Art Museum in Saskatoon as their Indigenous Relations Advisor providing advice to their board and staff and delivering cultural programming.

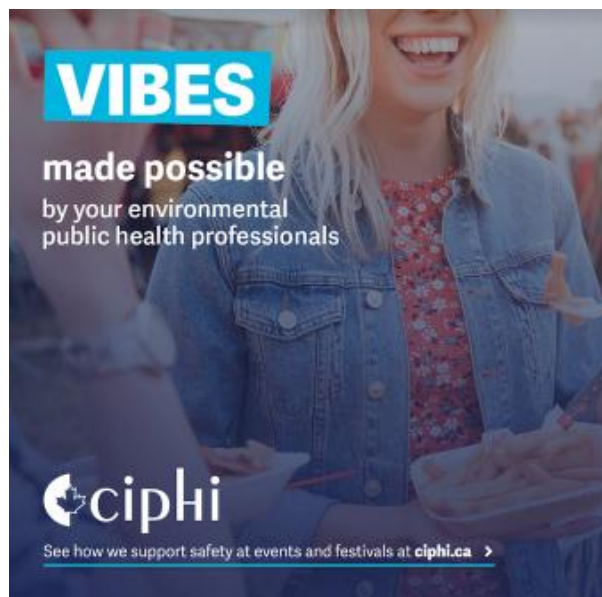
He is the longest serving member of the Office of the Treaty Commissioner's Speakers' Bureau, since he was appointed in 2000. Over the years, he has spoken to tens of thousands of people, delivering awareness and enlightenment on Treaty and First Nation worldview.

He is a powerful story teller that utilizes First Nation teachings that involve knowledge of ceremonies and mixes humour to deliver a poignant message.

October 17, 2022 – 2:00 to 2:55

This session provides an introduction to the National Standard created by the Mental Health Commission of Canada.

The standard is a guideline to assist organizations promote mental health and prevent psychological harm in the workplace. Who should take this? Anyone interested in gaining more knowledge on how to begin to create a more safe and healthy workspace.



Notable Speakers

Kelsie Dale, CIPHI SK Bursary Recipient, and Casey Neathway, First Nations Health Authority, BC
Presentation Title: Traditional Indigenous Foods and Decolonization

Nelson Fok
Presentation Title: Radon WTF (What's True/False)

Theodore J.C. Litowski, Senior Crown Counsel, Ministry of Justice and Attorney General
Presentation Title: COVID-19 and The Charter (25 min)

Ian Harrison, Saskatchewan Health Authority
Presentation Title: Pseudomonas in Swimming Pools

Dr. Simon Kapaj, Saskatchewan Health Authority, MHO, Lead of Environmental Health
Presentation Title: Emergency Preparedness and Evacuations

Lydia Ma, National Collaborating Centre for Environmental Health
Presentation Title: Building resilience for climate change: Increasing psychosocial and mental capital

Kayla Monette and Kelsie Dale, Saskatchewan Personal Services Task Group
Presentation Title: Personal Service Facilities

Buffy Rodgers, Senior Crown Prosecutor - Saskatoon, Justice Attorney General
Presentation Title: Public Health Prosecutions

David Sampson, Saskatchewan Health Authority
Presentation Title: Environmental Assessments

Louw van der Westhuizen
Presentation Title: To Clean or Not to Clean: Kitchen Hygiene in an Urban Setting Mall

Nicole White, BA, BHSc, MSc, CIPHI(C) and Priya Goundar, MPH
Presentation Title: Saskatchewan Ministry of Health Update

CIPHI Update Speakers

Casey Neathway, CIPHI National President
Presentation Title: CIPHI Updates

George Koutsoulis, Provincial Corresponding Member to the Board of Certification Report
Presentation Title: CIPHI Board of Certification Updates

Waheed Mehmood, Council of Professional Experience- Saskatchewan Branch
Presentation Title: CIPHI Council of Professional Experience Updates

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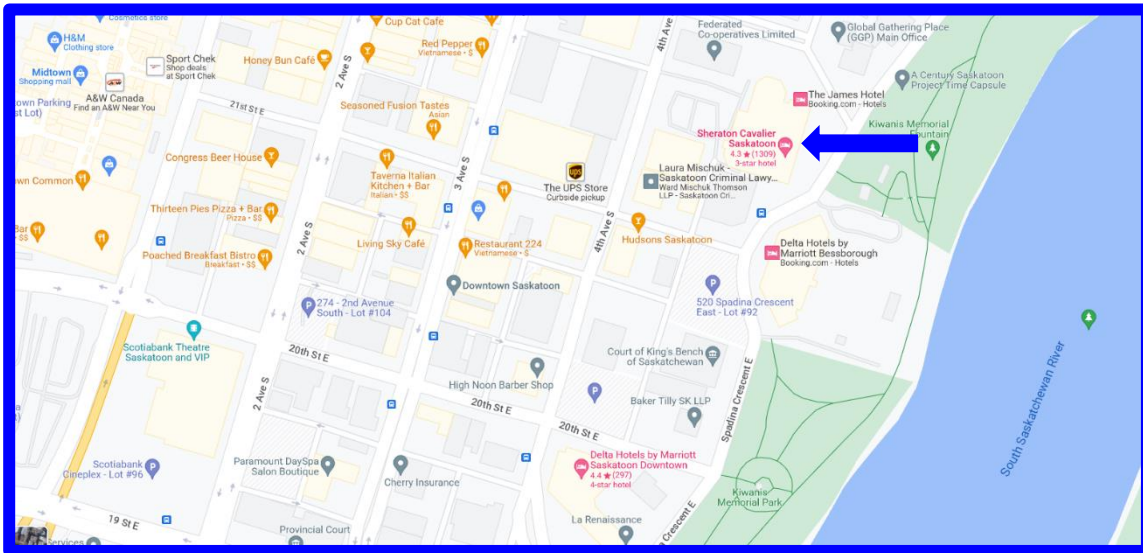
Thanks all our sponsors for your support!

We could not do this without you!

Venue Information

Sheraton Cavalier Saskatoon – **South-West Room**

612 Spadina Crescent E, Saskatoon, SK, S7K 3GP 1-306-652-6770



Food, Drinks, and Shopping

There are a multitude of places to eat and drink in Downtown Saskatoon, including Scarlet Craft Kitchen and Carver's Steakhouse and Lounge Pub located right in the Sheraton Cavalier Hotel. There is also The Express Shop, open at 6:30 am and offering Starbucks coffee, specialty beverages, and delightful snacks.

A full list of Saskatoon restaurants can be found here: <https://www.tourismsaskatoon.com/eat-and-drink/restaurants/?skip=0®ionids=1>

CIPHI Saskatchewan Branch Merchandise

CIPHI Saskatchewan merchandise will be available for purchase at the event!

The hats are \$20 and golf balls are \$10 for the sleeve of 3. Pay by e-transfer or exact change!



Exhibitors

We are pleased to welcome this year's exhibitors. They will be set up in the conference room. There will be plenty of opportunities to stop by and say hi so please be sure to visit the exhibitors!

On the back of the delegate name tags you can find the exhibitors logos. Get a sticker from each exhibitor and turn in your complete badge for a chance to win some excellent door prizes! The draw for prizes will be at the end of Day 2, and you need to be present to win.



Social Night Information

A vibrant red poster for a Casino Night event. The background is filled with scattered playing cards and dice. At the top center, three black cards with gold outlines (spade, heart, diamond) are displayed. Below them is a glowing marquee sign that says "CASINO" in white, outlined letters. Underneath the marquee, the word "NIGHT" is written in large, bold, white letters on a black rectangular background. The central text area is yellow and contains the following information: "CIPHI SK BRANCH IS PROUD TO BRING YOU CASINO NIGHT", "SPONSORED BY POULIN'S PEST CONTROL.", "DATE: OCTOBER 17TH", "TIME: 8PM-11PM", "WHERE: THE STARLIGHT ROOM", "SHERATON CAVALIER - SASKATOON", "TABLE GAMES, A ROULETTE WHEEL AND PROFESSIONAL DEALERS.", and "BEVERAGES PROVIDED, PRIZES TO BE WON". The text is flanked by illustrations of dice on fire. At the bottom, there are logos for CIPHI Saskatchewan (a blue and white maple leaf logo) and POULIN'S PEST CONTROL (a red maple leaf logo). In the center of the bottom section, there is an illustration of a roulette wheel, playing cards, and a stack of chips, including a red "VIP" chip.

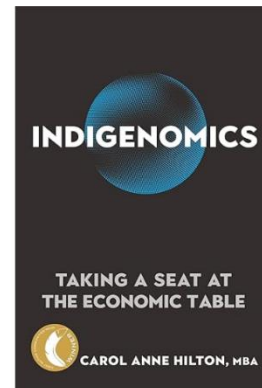
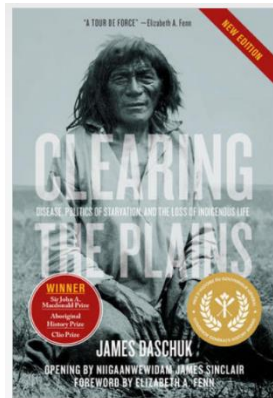
Prizes to be won brought to you by [TrainCan](#) and [CIPHI SK Branch](#)

Truth and Reconciliation in Action

CIPHI SK Branch acknowledges this land on which we gather for the 14th Annual CIPHI SK Professional Education and Development Seminars as Treaty 6 Territory, with our members coming from all over Saskatchewan (Treaty 2, 4, 5, 6, 8, and 10 Territories). This is the traditional lands and territory of the Nêhiyawak (Cree), Anihšīnāpēk (Saulteaux), Dakota, Nakota, Lakota, Ojibwe, Dene, Stoney, and the homeland of the Métis Nation.

We respect and honour the Treaties that were made on all territories, we acknowledge the harms and mistakes of the past, and we are committed to move forward in partnership with Indigenous Nations in the spirit of reconciliation and collaboration. We aim to meet the Truth and Reconciliation Call to Action #57 in providing education to public servants and have worked on including indigenous-focused education to our conference agenda. CIPHI SK Branch supports and encourages all work by our members towards truth and reconciliation

CIPHI SK Branch Member Nicole White wishes to express action towards truth and reconciliation. She has thoughtfully and generously donated three books as door prizes to further member education and support Indigenous authors. Thank you Nicole!



Door Prizes and Additional Donations

- Environmental Health Foundation of Canada (EHFC) Prize - "Health Inspector's Essentials" which includes a 40oz. Stanley Mug and a Rocketbook (w/ pen and erasing cloth).
- CIPHI SK Branch Prize - \$25 Gift Card to Canadian Tire
- The Food Centre Snacks for All – Pulse snacks for all delegates



2023 PEDS/AGM COVID Guidance - Information for Participants

As COVID-19 cases continue to circulate in Saskatchewan, SK CIPHI Branch is both cautiously optimistic and prepared to manage our in-person Professional Education & Development Seminars and CIPHI SK Branch Annual General Meeting (CIPHI SK Branch AGM) events with the health, safety, and well-being of our attendees, staff, presenters, exhibitors, sponsors, and speakers in mind. The guidance below is for all attendees to ensure these events can proceed as safely as possible.

COVID-19 Self Screening

- Participants are encouraged to self-screen for symptoms below prior to attending each day.
- **Please do not attend if sick.**
- It is recommended that a COVID-19 rapid test be completed prior to attending. Do not attend if positive, even if asymptomatic.
- We *encourage* all attendees who are eligible, to be fully vaccinated with applicable boosters.
- The following symptoms indicate an individual may have COVID-19:
 - Fever or chills
 - Cough
 - Shortness of breath or difficulty breathing
 - Fatigue
 - Muscle or body aches
 - Headache
 - New loss of taste or smell
 - Sore Throat
 - Congestion or runny nose
 - Nausea or vomiting
 - Diarrhea
- If you become sick during the event, please notify event organizers to allow for additional communication to participants as needed.

General Precautions

- Washing hands often with soap and water for at least 20 seconds. If water is not available, using hand sanitizer with at least 60% alcohol.
- Avoiding touching your eyes, nose, or mouth
- Wearing a mask when indoors
- Avoiding contact with people who are sick
- Staying home while sick and avoiding close contact with others
- Covering your mouth and nose with your elbow or a tissue when coughing or sneezing, and immediately disposing of the used tissue followed by hand hygiene
- Minimize potential physical contact; a wave is a great alternative to handshakes.
- When seated, consider physically distancing from your neighbours.
- Maintain physical distance when possible in food/beverages lines, and when visiting vendors.

If you have any further question, please contact the SK CIPHI Branch Executive at president@ciphi-sk.ca. We thank you all for your cooperation and understanding on this matter as we strive to maintain the safety and health of all attendees.